

Sport for Active Aging – SactAge

Erasmus+ Sport – “Small Collaborative Partnerships in the field of sport”

Project Meeting – 5-6th December 2022

MEETING VENUES

[ACTIVITY] MEETING VENUE – Day 1 (5th December)

Piazza del Campidoglio, H: 09:30



Nearest metro stations (line B): Colosseo or Cavour

Both at approximately 15 minutes by walking, Ticket price: 1,50 €

[WORK GROUP SESSION] MEETING VENUE – Day 1 (5th December)

Via Lucullo 6, Multimedial room, H: 14:30



Nearest metro stations (line A): Barberini or Repubblica

Both at approximately less than 10 minutes by walking, Ticket price: 1,50€

[WORK GROUP SESSION] MEETING VENUE – Day 2 (6th December)

Via Po 162, Third floor, H: 09:30



Nearest metro stations (line B): *Policlinico*

From Policlinico metro station, you can reach the meeting venue by walking for 18 minutes or by tram in less than 10 minutes (number 3 or number 19), that you can take from the bus stop named Viale Regina Margherita/Morgagni to get off to the bus stop named Buenos Aires.

You can use the same ticket that you've bought for the subway - at the price of 1,50 € - to get on the tram.

Pay attention: occasionally in Rome the trams may be replaced by buses that present the same number. They go by the same route of the trams, so you can take those as well.

CONTACTS

In case you have problems and/or questions about how to move to get to the meeting venues or to any other place, do not hesitate to call one of us:

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TRAVEL INFORMATIONS

FROM FIUMICINO AIRPORT TO TERMINI STATION:

- Option 1: **Leonardo Express**. The fastest option towards the center of Rome. From the train station at Fiumicino Airport, the Leonardo express takes you to Termini station in 32 minutes. The train runs every 15 minutes and costs 17,90 €. You can book the ticket from here:

- <https://www.tiqets.com/en/rome-attractions-c71631/tickets-for-leonardo-express-p1012261/?partner=romesite>

- Option 2: **Shuttle bus.** The cheapest option to get to Rome city centre from the airport. The journey takes 50 minutes and buses run approximately every hour. The price is from 7 € for one way and the transfers are provided by two buses company: SIT BuShuttle and Terravision. Follow the indications in the airport to buy the tickets and get to the bus or buy the tickets online using these links:
 - <https://www.tickets.com/en/fiumicino-attractions-c71853/tickets-for-fiumicino-airport-shuttle-bus-to-from-rome-p977121/?partner=romesite>
 - https://www.getyourguide.com/rome-l33/rome-fiumicino-airport-rome-termini-direct-bus-transfer-t214938/?partner_id=OWXZIMT&utm_medium=online_publisher&placement=content-top&cmp=ENrome&mkt_cmp=true
- Option 3: **Taxi.** A taxi from Fiumicino Airport to the center of Rome will take approximately 40 minutes for the 34 km journey and will cost approximately 50 €. The price will be more expensive if you use the taxi in the evening or if you have a lot of suitcases to transport. Follow the indications to the taxi stop area to take it and, to avoid frauds and scams, pay attention to people inside the airport asking you to get in their taxi and remember to always ask to the taxi driver the price of the service before leaving.

FROM CIAMPINO AIRPORT TO TERMINI STATION:

- Option 1: **Bus Transfer.** By far the cheapest option, this shuttle bus leaves from Ciampino Airport and takes you to Termini station in Rome. The journey takes 40 minutes and buses runs 13 times a day. The price is from 7 € for a one way ticket and you can easily book via this website:
 - <https://www.getyourguide.com/rome-l33/rome-shuttle-bus-transfer-to-or-from-ciampino-airport->

- Option 2: **Taxi.** A taxi from Ciampino Airport to the Center of Rome takes approximately 25 minutes to travel 16 km and costs about 35 €. The price will be more expensive if you use the taxi in the evening or if you have a lot of suitcases to transport. Follow the indications to the taxi stop area and look at the Fiumicino airport taxi option to follow the same tips about taxi drivers.

ABOUT ROME

With his almost 3 million of citizens, Rome is the capital city of Italy and one of the richest places of the world on a cultural point of view. From the city foundation, set in 753 b.C, Rome has witnessed the course of the history itself throughout the centuries and, because of this, you can find marvellous and different kind of relics from the past, monuments, art, architecture or even just interesting spots wherever you go. In the following pages you can find a list of some of the most representative places to love and to understand the city a little bit more.

Colosseum



The Colosseum, originally known as the Flavian Amphitheater, is the most famous monument in Rome and the most visited in all of Europe. It is the largest amphitheater in the world, as well as an UNESCO heritage site.

Address: Piazza del Colosseo, 1, 00184 Rome RM

Opening hours: H 10:00-16:30

Telephone: 06 3996 7700

The ticket for the adult visitor to visit the Colosseum with reservation cost 16 €.

Trevi Fountain



Over the years, this fountain underwent many changes and was rebuilt several times, but the definitive version presents us with a prospectus consisting of a large central niche with a coffered cap.

Inside stands the imposing statue of "Ocean", carried on a shell-shaped chariot, pulled by tritons and two sea horses, one calm and the other tormented. They symbolize the two aspects of the sea.

Among the legends that are told about the famous Trevi fountain, the best known is certainly the one according to which whoever throws a coin into the fountain, rigorously from behind, will return to Rome.

Address: Piazza di Trevi, 00187 Rome RM

Opening hours: 24/7

Navona Square



Navona Square is among the most famous places in Rome: built on commission from the Pamphili family, it contains masterpieces made by Bernini and Borromini, two of the most noted artists in that period. Once in the square, you cannot fail to take a tour of the famous market which, especially during the holidays, is enriched with traditional banquets and characters parading in the square.

Address: Piazza Navona, 00186 Rome RM

Opening hours: 24/7

Borghese Gallery and Terrace of the Pincio



Both located inside Villa Borghese Pinciana, one of the biggest park in Rome, it is entirely a matter of travel style to add these two places in your tour around the city: still, if you're an art lover or a nature lover, visiting the stunning collection of the Borghese Gallery or take a walk in the park and stop by the Terrace of the Pincio to admire the view are probably two must-do experiences.

Address: Borghese Gallery is in Piazzale Scipione Borghese, 5, 00197 Rome RM; Terrace of the Pincio is in Viale Gabriele D'Annunzio, 00187 Roma RM

Opening Hours of the Gallery: H 10:00-19:00

Telephone: 06 841 3979

Opening hours of the Terrace of the Pincio: 24/7