





Sport for Active Aging – SactAge

ERASMUS+ SPORT - "SMALL COLLABORATIVE PARTNERSHIPS IN THE FIELD OF SPORT"

3RD PROJECT MEETING - 14 - 15TH NOVEMBER 2022



DAY 1 14TH NOVEMBER BIBLIOTECA EUGENIO TRÍAS - CASA DE FIERAS DEL RETIRO



PASEO DE FERNÁN NÚÑEZ, 24 28009. MADRID TEL. 914804838

H: 9.00 - 14.00

METRO STATION: IBIZA OR RETIRO



DAY 2 15TH NOVEMBER BIBLIOTECA PÚBLICA VARGAS LLOSA



C. DE BARCELÓ, 4, 28009. MADRID TEL. 914802433

H: 9.30 - 17.00

METRO STATION: TRIBUNAL OR BILBAO OR ALONSO MARTÍNEZ



- ELENA CERAOLO+39 3461348717
- ELENA CACCIOTTI
 +39 3291326904
- ALEXANDRA MARIUT+393314024573

TRAVEL INFORMATION

FROM MADRID BARAJAS AIRPORT YOU CAN

TAKE THE METRO. IT IS OPEN FROM 6.05 A.M.
 (MORNING) TO 1.30 A.M. (NIGHT).THE AIRPORT IS
 WELL CONNECTED TO THE CITY CENTRE. YOU CAN
 EASILY FOLLOW THE INDICATION TO THE ROSE LINE
 NUMBER 8, TAKE IT TO NUEVOS MINISTERIOS AND
 CHANGE TO THE OTHER LINES THAT ENABLE YOU TO
 REACH ANY PART OF THE CITY



- TAKE AN UBER OR A TAXI. IT WILL COST ALMOST 30 EUROS
- TAKE THE AUTOBUS
 203 FROM THE
 TERMINAL T2 THAT
 WILL LEFT YOU IN
 CIBELES, NEAR GRAN
 VIA, IN THE CITY
 CENTRE

VISITING MADRID

MUSEUM

MADRID IS A CITY FULL OF MUSEUM. HERE SOME OF THAT MORE THAN EVERYTHING ELSE REPRESENT THE HISTORY AND THE CULTURE OF THE CITY.

HERE SOME OF THE MORE REPRESENTATIVE:

MUSEO DEL PRADO



PRICES

15 EURO

GRATIS: MONDAY TO SATURDAY FROM 6 PM

TO 8 PM

SUNDAY FORM 5 PM TO 7 PM

ADDRESS:

PASEO DEL PRADO, 28014 MADRID

H: FROM MONDAY TO SATURDAY FROM 10:00 TO 20:00; SUNDAY FROM 10:00

TO 19:00

TEL: +34 913 302 800

MUSEO DEL PRADO

A NEOCLASSICAL BUILDING HOUSES PAINTINGS BY GREAT EUROPEAN ARTISTS MADE BETWEEN THE 16TH AND 19TH CENTURIES, PAINTINGS THAT BELONGED TO THE SPANISH ROYAL COLLECTION, INCLUDING MASTERPIECES BY EL GRECO, MURILLO, ZURBARÁN AND DIEGO VELÁZQUEZ, OF WHICH YOU CAN ADMIRE THE FAMOUS LAS MENINAS.



ADDRESS:

PASEO DEL PRADO, 8, 28014 MADRID

H: MONDAY 12AM - 4PM FROM TUESDAY TO SUNDAY FROM

10:00 TO 7PM TEL: +34 902 760 511

THE THYSSEN-BORNEMISZA MUSEUM

BOASTS AN EXTENSIVE PERMANENT COLLECTION THAT INCLUDES MASTERPIECES FROM THE ITALIAN RENAISSANCE, FRENCH IMPRESSIONISM AND WORKS BY MASTERS SUCH AS DALÍ, VAN GOGH AND MONET. THE MORE THAN 750 CANVASES EXHIBITED IN THE PICTURE GALLERY ARE THE RESULT OF THE LONG COLLECTION WORK BEGUN IN THE 1920S BY THE BARONS HEINRICH AND HANS HEINRICH THYSSEN-BORNEMISZA.

PRICES

GRATIS: MONDAY FROM 12AM PM TO 4 PM



MUSEO NACIONAL CENTRO DE ARTE REINA SOFÍA

HERE YOU WILL FIND WORKS BY FAMOUS
CONTEMPORARY ARTISTS SUCH AS PICASSO, DALÍ
AND MIRÓ. IT IS ONLY A 10-MINUTE WALK FROM
THE PRADO MUSEUM. THE MUSEUM DISPLAYS MORE
THAN 22,400 WORKS INCLUDING GUERNICA, THE
WORLD-FAMOUS PAINTING BY PABLO PICASSO, AND
OVER 100 MASTERPIECES BY SALVADOR DALÍ.

ADDRESS:

CALLE SANTA ISABEL 52, 28012 MADRID

H: WEDNESDAY TO SATURDAY AND MONDAY FROM 10AM TO 9 PM.
SUNDAY FROM 10 AM TO 7PM

TEL:+34 917 741 000

PRICES

12 - 18 EURO

GRATIS: MONDAY TO SATURDAY FROM 7

PM TO 9 PM

SUNDAY FORM 12.30 PM PM TO 2.30 PM

PARKS

THE SPANISH CAPITAL IS PARTICULARLY RICH IN GREEN AREAS, MANY OF WHICH ARE PERFECT FOR RELAXING AND HIKING IN NATURE. IN ADDITION TO THIS, MANY PARKS IN MADRID ARE TRUE WORKS OF LANDSCAPE ART AND IN THEMSELVES CONSTITUTE A FIRST-RATE CULTURAL ATTRACTION.

TEMPLO DEL DEBOD



ADDRESS

CALLE DE FERRAZ, 1, 28008 MADRID

THESE GARDENS HOUSE AN AUTHENTIC TEMPLE ORIGINALLY FROM THE NILE VALLEY, DONATED BY THE EGYPTIAN GOVERNMENT TO THE SPANISH ONE IN 1968. THE MONUMENT DEDICATED TO THE GOD AMON WAS TRANSPORTED HERE FROM ASWAN AND REASSEMBLED STONE BY STONE MAINTAINING THE SAME ASTRONOMICAL ORIENTATION IT HAD IN THE ORIGINAL LOCATION.

CASA DE CAMPO



ADDRESS:

P.º DE LA PRTA DEL ÁNGEL, 1, 28011 MADRID

THIS IMMENSE PARK IS PARTICULARLY LOVED BECAUSE IT HOUSES THE ZOO WITH AQUARIUM, THE CITY'S MAIN FUNFAIR AND THE MADRID ARENA MULTIPURPOSE BUILDING, HOME TO CONCERTS, EXHIBITIONS AND SPORTING EVENTS. THE DIMENSIONS OF THE CASA DE CAMPO ARE SUCH THAT IN SOME PLACES IT RETAINS A MARKEDLY WOODED AND WILD CHARACTER. IT IS OF GREAT IMPORTANCE FOR ITS BIODIVERSITY AND, IN PARTICULAR, FOR ITS RICH POULTRY FAUNA.

BOTANIC GARDEN



ADDRESS:

PLAZA
DE MURILLO, 2
28014

PRICE:

4 - 6 FURO

NEARBY THE PASEO DEL PRADO, THE MADRID BOTANICAL GARDEN HOSTS ALL KINDS OF PLANTS ON FOUR LARGE TERRACES: FROM AROMATIC ONES, TO FRUIT TREES, TO FLOWERS AND BONSAI. FOUNDED IN 1755, IT IS STILL HOME TO IMPORTANT ACADEMIC INSTITUTIONS DEDICATED TO THE STUDY, CONSERVATION AND DISSEMINATION OF BOTANICAL SCIENCES.

H:

FROM 10AM TO 6 PM